

What Is Glaucoma?

Treatments

Glaucoma can occur when the normal drainage of fluid within the eye becomes clogged or blocked. As fluid pressure builds up inside the eye, this increased pressure can damage the optic nerve.¹

High Pressure in the Eye Damages the Optic Nerve

Pressure that is too high for your eye will damage and kill the nerves that connect your eyes to the brain. As each of the smaller nerves that make up the bigger optic nerve are damaged, you start to lose your sight. As time passes, more nerves are damaged and can eventually lead to blindness.¹

As the nerve fibers are damaged and die, the optic disc begins to hollow out. This is known as “cupping.” As more nerve fibers die, the cup becomes bigger. The amount of cupping helps tell your ophthalmologist how many fibers have been lost.

Why Should Glaucoma Be Important to Me?

1) Untreated glaucoma can cause you to have permanent and irreversible blindness. As more sensitive optic nerve fibers become damaged by glaucoma, you can lose first your peripheral vision and then your reading vision.¹

A Demonstration of How Your Peripheral Vision Shrinks



NORMAL



MODERATE GLAUCOMA



SEVERE GLAUCOMA

Shrinking “tunnel” vision will interfere with your work and leisure activities.¹

2) You may find some activities such as driving are more challenging. For example, glaucoma can cause problems with contrast sensitivity, glare and light sensitivity, which may interfere with nighttime driving. Discuss with your doctor and put your safety first.













Treatment

Prescription Eye Drops

If you are diagnosed with glaucoma or if your intraocular pressure (IOP) is considered high enough to risk vision loss, your doctor will likely prescribe eye drops to reduce pressure in the affected eye(s).¹

It is important to continue therapy even if you feel fine or experience temporary eye redness. Remembering to take your eye drops is easier if you make it part of your daily routine. Committing to taking your medication exactly as prescribed is the best way to manage glaucoma and prevent or delay any further vision loss.¹

Personalized Drop Instructions – Date: _____

NAME OF DROP	DROPS PER DAY	TIME OF INSTILLATION
<input type="radio"/> Lumigan® RC 	<input type="radio"/> 1 drop once daily ²	<input type="radio"/> Evening _____
<input type="radio"/> Xalatan® 	<input type="radio"/> 1 drop once daily ³	<input type="radio"/> Evening _____
<input type="radio"/> Travatan® Z 	<input type="radio"/> 1 drop once daily ⁴	<input type="radio"/> Evening _____
<input type="radio"/> Betagan® 	<input type="radio"/> 1 drop every 12 hours ⁵	<input type="radio"/> Morning _____ <input type="radio"/> Evening _____
<input type="radio"/> Timoptic-XE® 	<input type="radio"/> 1 drop in the morning ⁶	<input type="radio"/> Morning _____
<input type="radio"/> Combigan® 	<input type="radio"/> 1 drop every 12 hours ⁷	<input type="radio"/> Morning _____ <input type="radio"/> Evening _____
<input type="radio"/> Cosopt® 	<input type="radio"/> 1 drop every 12 hours ⁸	<input type="radio"/> Morning _____ <input type="radio"/> Evening _____
<input type="radio"/> Cosopt® Preservative Free 	<input type="radio"/> 1 drop every 12 hours ⁸	<input type="radio"/> Morning _____ <input type="radio"/> Evening _____
<input type="radio"/> Azarga® 	<input type="radio"/> 1 drop every 12 hours ⁹	<input type="radio"/> Morning _____ <input type="radio"/> Evening _____
<input type="radio"/> DuoTrav® 	<input type="radio"/> 1 drop in the morning ¹⁰	<input type="radio"/> Morning _____
<input type="radio"/> Xalacom® 	<input type="radio"/> 1 drop in the morning ¹¹	<input type="radio"/> Morning _____
<input type="radio"/> Alphagan® P 	<input type="radio"/> 1 drop three times daily ¹²	<input type="radio"/> Morning _____ <input type="radio"/> Afternoon _____ <input type="radio"/> Evening _____
<input type="radio"/> Trusopt® 	<input type="radio"/> 1 drop three times daily ¹³	<input type="radio"/> Morning _____ <input type="radio"/> Afternoon _____ <input type="radio"/> Evening _____

1. Flammer, J. (2006). Glaucoma. Toronto, Ontario: Hogrefe & Huber Publishers. 2. Lumigan® RC Product Monograph. September 10, 2009. 3. Xalatan® Product Monograph. July 12, 2010. 4. Travatan® Z Product Monograph. June 1, 2010. 5. Betagan® Product Monograph. May 28, 1990. 6. Timoptic-XE® Product Monograph. March 16, 2007. 7. Combigan® Product Monograph. August 21, 2007. 8. Cosopt® Product Monograph. April 21, 2010. 9. Azarga® Product Monograph. August 7, 2009. 10. DuoTrav® Product Monograph. October 23, 2008. 11. Xalacom® Product Monograph. September 4, 2003. 12. Alphagan® P Product Monograph. October 30, 2003. 13. Trusopt® Product Monograph. April 21, 2010.

Lumigan® RC, Combigan®, Alphagan® P and Betagan® are registered trademarks of Allergan Inc. Cosopt®, Timoptic-XE®, Trusopt® are registered trademarks of Merck Inc. DuoTrav®, Azarga® and Travatan® Z are registered trademarks of Alcon Inc. Xalacom® and Xalatan® are registered trademarks of Pfizer Inc.